



Code of Conduct: Athletes

As a responsible athlete, I will:

- abide by the UKA and the HCAF Child Safeguarding Policy and Child Safeguarding Procedures
- abide by the UKA and the HCAF Adult Safeguarding Policy and Adult Safeguarding Procedures
- respect the rights of every athlete, coach, technical official and others involved in athletics and treat everyone equitably
- uphold the same sporting values away from sport as I do when I am engaged in athletics
 - participate within the rules of the sport, respect decisions of coaches and officials, and demonstrate respect towards fellow athletes
- cooperate fully with others involved in the sport such as coaches and representatives of Running Somewhere Else Committee in my best interests and those of other athletes
- consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances
- anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time
- act with dignity and display courtesy and good manners towards others

in no way undermine, put down or belittle other athletes, coaches or practitioners.

- avoid swearing and abusive language whilst in athletic venues, at club functions and events, or when as part of a team/ squad
- never engage in any inappropriate or illegal behaviour at club sessions or club-organised events
- challenge and report inappropriate behaviour and language by others
- not misuse or abuse sporting equipment and venues
- maintain strict boundaries between friendship and intimacy with a coach or official
- use safe transport or travel arrangements

- act ethically, professionally and with integrity, and take responsibility for your actions.

BREACH OF THE CODE OF CONDUCT

I understand that if I do not follow the code, action can be taken by Running Somewhere Else club, and I may:

- be asked to apologise for my behaviour
- receive a verbal warning from my coach
- receive a verbal or written warning from the club committee
- be suspended from attending club training sessions
- be suspended from the club
- be required to leave the club.

Print name

Signature Date.....