



RSE Fairford 10km Time Trial/Race

Sunday 15th November - First Wave 10am

In light of this year's club championship being cancelled, we felt as club captains that we could now offer an alternative to racing as we know it. We both ran the Hullavington 5 km last month and have researched other known Athletic club events, so feel we can offer a Covid safe event to you.

The route will be held on the club Fairford 10k route and will be published beforehand for those who do not already know it. You can also find it on the Running Somewhere Else website, under the Fairford 10k tab. A risk assessment will be done beforehand.

All runners wishing to take part will have to book through the RunTogether app (for Track and Trace purposes) and then submit a predicted finishing time on a Fairford 10k TT Whatsapp group once created.

Your predicted time will help allocate your starting time and wave. This will help with Social distancing. Your predicted time will also go towards the Target Zero Competition.

Prizes will be awarded to the 1st (RSE 10K Champion) 2nd and 3rd Male and Female runners, and also a prize for the runner finishing closest to their predicted time called Target Zero, who does not finish in the top 3's.

Target zero is your elapsed time from crossing the Start then finish line. To enter you must agree to covering up your GPS/ timing device to make it a fair competition, just in case you go off too fast and choose to slow down to get closer to your predicted times!. We can supply stickers put across your watch face to cover up times if you still want to record your run.

What precautions are being taken to mitigate the risk of COVID19

We are implementing the following in line with current Government advice:

- The start line will be distanced from the rest of the race area/car park and runners will be set off in waves of no more than 6, with a 2-minute gap between waves, similar to a cycle time trial.

- Runners will be advised in advance of race day of their allocated wave and start time
- Runners will be invited to wait in a coned “Holding Area” before their allocated race start time.
- Runners will be called to move to the Start Line not more than 5-minutes prior to their allocated start time
- There will be no baggage storage.
- On finishing runners will be encouraged to vacate the site immediately – on the opposite side to the flow of other incoming runners
- Any prizes will be given to recipients after the event, so no athletes are hanging around for an awards

No personal audio device (MP3/iPod). Our TT takes place on roads open to traffic and so it is important that you are aware of your surroundings and able to hear verbal instructions from course marshals.

There will be no drink stations on the course. Please carry your own if you think you need it.