

## Runathon 2017 - Distance Challenge

The total distance run in a month as recorded on Strava, once the challenge has closed and all uploads have been accounted for.

Figures are in kilometers.												
Position	Name	February	March	April	May	June	July	August	September	October	November	TOTAL
1	Amelia Culshaw		283	213	360	267	271	378	340	190		2302
2	Matt Lambourne	172	131	190	245	241	254	477	273	234		2217
3	Andy Masser	192	218	174	201	153	197	191	192	138		1656
4	Elaine Chapman	184	189	142	143	162	213	176	239	176		1624
5	Nadine Brown	135	136	185	127	145	202	219	222	189		1560
6	Kirsty Pitts	150	113	148	131	147	114	194	179	117		1293
7	Jonathan Lewis	128	133	77	165	176	154	121	157	45		1156
8	David Whitlow				155	132	197	163	145	154		946
9	Amanda Tyler				98	102	153	218	191	145		907
10	Ben Chapman	155	185	141	23	69	11	41	19	32		676
11	Caroline Coates	90	101	94	91	61	48	44	98	44		671
12	Pete Whitmore	109	127	122	56	42	35	63	59	25		638
13	Laura Butler		134	127	2	64	65	59	28	57		536
14	Emily Jeffries						121	94	112	92		419
15	Sandie Wood						121	102	95	79		397
16	Graham Aitchison	106	53	75	56	76	29					395
17	Jack Pitcher					41	105	88	97	58		389
18	Martin Sherriff								214	169		383
19	Tom Cooper								134	135		269
20	Gavin HoFat				132	12			123			267
21	John Buck	132				127						259
22	Ellie Rose	72	69	84		30						255
23	Henry Church				146							146
24	David Witnall	145										145
25	Sarah Gray	120										120
26	Karl Breakspear	48	17	44								109
27	Liz Farooq			25	75							100
28	Phil Scoble	70										70
29	Cat Shelley	48										48
30												



## Runathon 2017 - Climbing Challenge

The total elavation climbed in runs in a month as recorded on Strava, once the challenge has closed and all uploads have been accounted for.

	Figures are in metres.											
Position	Name	February	March	April	Мау	June	July	August	September	October	November	TOTAL Months entered
1	Amelia Culshaw		3157	1843	5127	5415	6007	5375	3186	1824		31934
2	Matt Lambourne	1079	1115	1606	1504	2559	2510	3102	1629	1286		16390
3	Nadine Brown	808	1162	1656	1459	2139	1126	1457	1256	973		12036
4	Jonathan Lewis	664		513	1582	2382	2742	1370	1961	615		11829
5	Andy Masser	879	1186	739	1761	1445	1446	1585	1389	724		11154
6	Elaine Chapman	836	934	818	1099	1667	1533	1228	1585	1201		10901
7	Kirsty Pitts	503	811	993	983	2678	856	1423	1305	625		10177
8	Amanda Tyler				722	1175	1100	1535	1090	729		6351
9	Laura Butler		1236	1536	10	989	515	571	164	410		5431
10	Ben Chapman	977	955	696	243	917	75	232	151	262		4508
11	Caroline Coates	315	726	635	601	693	340	306	636	208		4460
12	David Whitlow						1351	814	931	735		3831
13	Pete Witmore	518	421	582	389	373	268	533	491	244		3819
14	Graham Aitchison	345	335	470	820	1462	149					3581
15	Jack Pitcher					440	972	935	637	301		3285
16	David Witnall	1015			2037							3052
17	John Buck	871				1439						2310
18	Henry Church				1848							1848
19	Emily Jeffries							963	647			1610
20	Cat Shelley	100							1190			1290
21	Ellie Rose	150	494	389		245						1278
22	Martin Sherriff									1177		1177
23	Gavin HoFat				995	110						1105
24	Tom Cooper									1055		1055
25	Sarah Gray	602										602
26	Karl Breakspear	176	53	336								565
27	Stephen Priestnall	552										552
28	Justin Dixey	366										366
29	Phil Scoble	230										230
30												

Runathon 2017 Rules								
It is th	It is the responsibility of the each runner to be aware of and comply with the Runathon rules.							
1	The challenge will run each month for 10 months (one month for each year the club has been going), from 1st February to 30th November 2017 inclusive.							
2	For each of the ten months there will be a "runner of the month" for the total distance and a "runner of the month" for the height gained.							
3	At the end of the 10 months overall winners will be selected based upon the best performance in total distance and total height gained over the whole 10 month period.							
4	The challenge will be based solely on data logged that is uploaded to Strava (so you will need to have a Strava account and wear your data collecting device for each run).							
5	The challenge will only be valid for data relating to running only. Any data relating to cycling or any other non-running activity will not count.							
6	A runner will need to declare that they wish to participate in the Runathon.							
7	A runner can join the Runathon challenge at any point, but only data from the point of declaration onwards will count.							