

STAGE	START	FINISH	DESCRIPTION	DISTANCE	ASCENT	DESCENT	Severity	Male record	Female record	Cut off	No runner
1	Chipping Campden	Stanway House	Stage 1	19.2 km	392 m	444 m	Medium	01:14:00	01:29:45	2 hrs 2 min	2 hrs 16 mins
2	Stanway House	Cleeve Common	Stage 2	19.0 km	525 m	366 m	Hard	01:20:48	01:33:30	2 hrs 12 mins	2 hrs 17 mins
3	Cleeve Common	Seven Springs	Stage 3	13.2 km	327 m	371 m	Easier	00:56:58	01:04:10	1 hrs 45 mins	1 hrs 57 mins
4	Seven Springs	Cranham Corner	Stage 4	20.4 km	406 m	388 m	Hard	01:18:20	01:30:01	2 hrs 10 mins	2 hrs 25 mins
5	Cranham Corner	Ebley Mill	Stage 5	18.9 km	307 m	503 m	Medium	01:10:40	01:24:13	2 hrs 5 mins	2 hrs 19 min
6	Ebley Mill	Dursley	Stage 6	14.0 km	409 m	367 m	Medium	00:59:00	01:10:18	2 hrs 2 mins	2 hrs 16 mins
7	Dursley	Wotton-u-Edge	Stage 7	11.6 km	292 m	299 m	Easier	00:48:08	00:52:08	1 hrs 30 mins	1 hrs 39 mins
8	Wotton-u-Edge	Old Sodbury	Stage 8	19.4 km	404 m	360 m	Hard	01:15:15	01:28:17	2 hrs 12 mins	2 hrs 26 mins
9	Old Sodbury	Cold Ashton	Stage 9	14.8 km	240 m	148 m	Easier	00:56:14	01:04:07	1 hrs 45 mins	1 hrs 57 mins
10	Cold Ashton	Bath Abbey	Stage 10	15.7 km	240 m	410 m	Easier	01:00:51	01:05:12	1 hrs 48 mins	2 hrs 02 mins

<http://www.cotswoldwayrelay.co.uk/CWRstagesroutes.htm>
For rules, schedules, water stations and all other information.

2014 teams

Leg	Young	Fast	Ladies
1	Sophie Dennett	Wayne Edgington	Kim Forbes
2	Dave Whitnall	Simon Bowers	Kirsty Pitts
3	Ben Chapman	Paul Coates	Caroline Coates
4	Oli Cooper	John Buck	Hazel Bridges
5	Elaine Chapman	Sharon Smith	Jacki Day
6	Theresa Hazlewood	Sally Jamieson	Tracey Pitts
7	Adrian Hazlewood	Sharon Rastelli	Caroline Terry
8	Matt Lambourne	Dave Whitlow	Alice Mason
9	Liz Coombes	James Thomas	Louise Abbott
10	Robyn Freisner	Ivor Probert	Zoe Hayward

Reserves Jon Collins, Jenny Hoffman and Ali Traynor.